

# PREVENT HEART DISEASE

## Omega-3 Protocol Monthly Regimen



*"Omega-3 fatty acids benefit the heart of healthy people, and those at high risk of, or who have, cardiovascular disease." -American Heart Association*

**This Protocol** is for the health conscious individual who wants to make a noticeable, significant difference in their health. Why pit one type against another? No one said you can only take one! This is an 'all of the above' solution. Reap the benefits from all.

### The Omega-3 Protocol:

- ✓ 60 Capsules of True Omega-3 700mgs of EPA/DHA (Powerful)
- ✓ 60 Capsules of Antarctic Krill Oil (Fast Acting)
- ✓ 60 Capsules of High DHA Omega-3 (Smart)

**Dosage: 2 True Omega-3, 2 Krill Oil, 2 Calamari DHA Daily.**  
**THE COMPLETE Omega-3 Protocol for Heart, Brain and Joint Health with Strong Anti-Inflammatory Benefits!**

**Garey's Signature Guarantee:** I personally stand behind my products, my website and my

staff. If you have any concerns, please **contact me for a quick response!**

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Smile!

Garey Simmons is a holistic health coach, dietary supplement expert and board certified by the American Association of Drugless Practitioners. Garey turned his health challenges around in just a few months by using Omega-3 supplements. Garey is a graduate of the New York Institute of Integrative Nutrition and lives in Baltimore, MD and is the father of ten children.

"Smile at the fact your body works flawlessly 99% of the time!"